

Procedure Helps Patients Avoid Hip Replacements, Repair Joint Damage

Bone-hardening substance provides more surgical options to treat hip damage

The Ohio State University Wexner Medical Center

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NEWS PACKAGE

SUGGESTED TEASE	COMING UP, ADVANCEMENTS THAT CAN HELP YOU AVOID A HIP REPLACEMENT. THE PROCEDURE THAT'S GIVING PATIENTS MORE OPTIONS.
ANCHOR LEAD	<p>EACH YEAR, MORE THAN THREE-HUNDRED THOUSAND AMERICANS RECEIVE A HIP REPLACEMENT.¹</p> <p>IT'S A MAJOR SURGERY THAT INVOLVES MONTHS OF REHAB, AND THERE'S NO GUARANTEE IT WILL LAST FOREVER, ESPECIALLY FOR YOUNGER PATIENTS.</p> <p>BUT THERE IS A NEW OPTION THAT CAN HELP PATIENTS AVOID THAT SURGERY ALTOGETHER AND HELP REPAIR THEIR DAMAGED HIP JOINTS.</p> <p>BARB CONSIGLIO HAS THE DETAILS.</p>
(PACKAGE START) -----	
CG: Courtesy: The Ohio State University Wexner Medical Center :00 - :03	(Nats - Sound) :02
Shots of Ben walking into shed	WHEN BEN WALLACE NOTICED SOME PAIN IN HIS LEG, HE THOUGHT HE WAS JUST HAVING TROUBLE RECOVERING FROM A BASKETBALL INJURY. BUT X-RAYS SHOWED IT WAS MUCH MORE THAN THAT. :07
CG: Ben Wallace Had hip surgery	<i>"It was an emotional, kind of, trainwreck for me to be 30 years old and not know if I'm ever going to be able to play sports again or be able to do normal household activities without any pain."</i> :10
Shots of Ben raking leaves	ONE SOLUTION WAS A HIP REPLACEMENT, BUT BECAUSE BEN IS SO YOUNG, THAT COULD MEAN EVEN MORE DIFFICULT SURGERIES DOWN THE LINE. :06
CG: Dr. Kelton Vasileff	<i>"Once you go through a hip replacement surgery, you</i>

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Ohio State Wexner Medical Center	<i>can't really go back at that point in time. And there is potentially a finite lifespan to some of these implants."</i> :08
Shots of surgery	SO DOCTOR KELTON VASILEFF PERFORMED SURGERY AT THE OHIO STATE WEXNER MEDICAL CENTER TO PRESERVE BEN'S NATIVE HIP, SOMETHING THAT WOULDN'T BE POSSIBLE WITHOUT A PROCEDURE CALLED
Animation of procedure	SUBCHONDROPLASTY, WHERE A BONE HARDENING SUBSTANCE IS INJECTED INTO THE JOINT, FILLING ANY VOIDS OR LESIONS.
Shots of Dr. Vasileff explaining scans to patient	IT'S A PROCEDURE THAT'S MOSTLY BEEN USED IN KNEE SURGERY, BUT DOCTOR VASILEFF HAS FOUND THAT IT'S GIVING HIS HIP PATIENTS NEW OPTIONS. :19
Dr. Vasileff (CG'd earlier)	<i>"For younger patients, this is something that's allowed us to expand our indications for hip preservation surgery and allow them to prevent or delay the need for hip replacement surgery."</i> :08
Shots of material being prepared in surgery	THE CEMENT-LIKE MATERIAL IS USUALLY USED ALONG WITH OTHER PROCEDURES TO REVERSE DAMAGE.
Shots of Dr. Vasileff examining patient	AND NOT ONLY ARE PATIENTS MORE LIKELY TO KEEP THEIR OWN HIP, BUT THEY ALSO AVOID THE LONG, PAINFUL RECOVERY OF REPLACEMENT SURGERY.
Shots of Ben walking dog	JUST FOUR WEEKS AFTER SURGERY, BEN IS GETTING AROUND FINE, AND PLANS TO BE BACK ON THE BASKETBALL COURT IN A FEW MONTHS. :16
Dr. Vasileff (CG'd earlier)	<i>"Then, over time, his bone will regenerate and grow and it replaces that cement material with normal bone."</i> :06
Ben Wallace (CG'd earlier)	<i>"I'm incredibly grateful with the team at Ohio State with giving me the opportunity to get back to doing what I like to do and enjoy being a 30-year-old again."</i> :08
Shot of Ben with dog	AT THE OHIO STATE WEXNER MEDICAL CENTER, THIS IS BARB CONSIGLIO REPORTING. :03
(PACKAGE END) -----	
ANCHOR TAG	EXPERTS SAY SUBCHONDROPLASTY IS ALSO VERY HELPFUL FOR PREGNANT WOMEN WHO OFTEN SUFFER TEMPORARY OSTEOPOROSIS DURING THEIR THIRD TRIMESTER OR AFTER DELIVERY. WITHOUT IT, THEY'RE OFTEN CONFINED TO CRUTCHES FOR MONTHS, BUT THIS PROCEDURE

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CG: Ben Wallace
Had hip surgery

Ben says he's recovering more quickly than expected:
"Post surgery has been shockingly more successful than what I've anticipated. They set my expectations to be about four weeks on crutches before I could start walking and kind of functioning a little bit more normally after surgery. Within a week I was up on my feet with no crutches and little or no pain."

Ben hopes the procedure will be a permanent solution for him:
"The subchondroplasty is kind of one of those things that's new that Ohio State's been able to do with great success and hopefully be a permanent solution for my hip moving forward without having to do the hip replacement surgery."

References

¹OrthoInfo: Total Hip Replacement, American Academy of Orthopaedic Surgeons, 2015.
Online: <http://orthoinfo.aaos.org/topic.cfm?topic=a00377>

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