Study: Should Newer Cars Be Modified to Protect Older Drivers?

Boom in older drivers has experts rethinking one-size-fits-all seat belts, airbags

The Ohio State University Wexner Medical Center

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Package Length: 1:38	Content provided by: The Ohio State University Wexner Medical Center

NEWS PACKAGE

NEWSTACKAGE	
SUGGESTED TEASE	STILL TO COME, NEW CRASH TESTS DESIGNED FOR OLDER DRIVERS. WHY EXPERTS ARE RETHINKING SAFETY STANDARDS AND HOW THAT MIGHT AFFECT CARS OF THE FUTURE.
ANCHOR LEAD	WHEN SEAT BELTS WERE FIRST REQUIRED BY LAW NEARLY 40 YEARS AGO, THEY WERE DESIGNED TO PROTECT THE "AVERAGE" DRIVER - WHO, AT THE TIME, WAS A 40-YEAR-OLD MAN. THAT'S CERTAINLY NOT THE CASE TODAY. IN FACT, RIGHT NOW THERE ARE MORE THAN 36 MILLION DRIVERS OVER THE AGE OF 65,1 AND BECAUSE OF OUTDATED DESIGNS, MANY ARE AT A HIGHER RISK OF BEING INJURED BY SEAT BELTS.2 BUT THAT MAY SOON BE CHANGING. CLARK POWELL HAS DETAILS.
(PACKAGE START)	
CG: Courtesy: The Ohio State University Wexner Medical Center: 00 -: 03 Shot of Helen getting in car Shot of Helen buckling up	(Nats - Car Starting) :02 EVEN WELL INTO HER 70s HELEN KESSLER SAYS SHE STILL FEELS CONFIDENT ON THE ROAD - BUT BECAUSE OF HER HEIGHT AND THE WAY HER SEAT BELT IS POSITIONED, SHE'S NOT ALWAYS COMFORTABLE BEHIND THE WHEEL. :10
CG: Helen Kessler Older Driver :09 - :18	"I just put it across me and it usually goes across here, but by the time I get done driving, it's up closer here and I just pull it down each time." :08
Shots of old crash test video Shots of Helen driving	THAT'S NOT UNCOMMON. SEAT BELT DESIGNS WERE BASED ON DUMMIES RESEMBLING AVERAGED SIZED, 40-YEAR-OLD MEN DECADES AGO. NOW, DRIVERS ARE MORE DIVERSE AND SEAT BELTS CAN BE LESS EFFECTIVE. :10
	"It's not enough to keep someone my size, maybe, back

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CG: John Bolte, PhD in my seat and it's probably too much force to keep an **Ohio State College of Medicine** elderly occupant in their seat, which could cause thoracic :29 - :38 injuries.":09 (NATS - crash test):01 Shots of crash tests SO, TO BETTER PROTECT A WIDER RANGE OF DRIVERS, RESEARCHERS AT THE OHIO STATE UNIVERSITY WEXNER MEDICAL CENTER ARE Wide shot of new dummy WORKING WITH AUTOMAKERS TO RETHINK SAFETY SYSTEMS. STARTING WITH SMALLER MODELS THAT MORE Close shot of new dummy CLOSELY REPRESENT MORE FRAGILE, OLDER DRIVERS. :14 / :52 "We're doing some studies to look at how strong are their John Bolte (CG'd earlier) ribs, how do they interact with the seatbelt, potentially with airbags, in a side impact scenario.":11 BOLTE SAYS EVEN MINOR ACCIDENTS OFTEN Shots of Bolte at computer CAUSE INJURIES ALONG THE SEATBELT LINE - IN THE COLLAR BONE, RIBS AND PELVIS - AND IN YOUNGER DRIVERS, THAT'S RARELY SERIOUS. :08 John Bolte (CG'd earlier) "But someone that's older, a couple rib fractures, flail chest, problems breathing, pneumonia - it can really build up and cause a lot more issues.":07 Shots of crash test / seat belt STUDIES SHOW OLDER DRIVERS INVOLVED IN SERIOUS ACCIDENTS WERE WEARING SEAT BELTS MORE THAN ANY OTHER AGE GROUP, 1 BUT BECAUSE THEY'RE MORE FRAGILE, THEY'RE LESS LIKELY TO SURVIVE.3 WHICH IS WHY EXPERTS HERE ARE WORKING TO Shot of Helen pulling in and IMPROVE THE VERY SYSTEMS DESIGNED TO parking car PROTECT THEM. AT OHIO STATE WEXNER MEDICAL CENTER, THIS IS CLARK POWELL REPORTING. :17 (PACKAGE END) -----EXPERTS SAY THIS RESEARCH COULD EVEN LEAD ANCHOR TAG TO KEY FOBS THAT KNOW A DRIVER'S AGE. HEIGHT AND WEIGHT, AND CAN ADJUST A CAR'S SEAT BELTS ACCORDINGLY, THE MOMENT THEY GET INTO THE CAR. THAT'S STILL A FEW YEARS AWAY, BUT WORKING ON IT NOW IS IMPORTANT BECAUSE BY 2030, THERE WILL BE MORE THAN 60 MILLION LICENSED

DRIVERS OVER THE AGE OF 65.4

SOCIAL MEDIA

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Researchers at <u>@OSUWexMed</u> are helping design new seat belts to better protect older drivers. <u>bit.ly/2fWcRkb</u>

Suggested post:

When seat belts were first required by law, they were designed to protect the "average" driver, which at the time was a 40-year-old man. Times have changed but seat belts haven't. Today, there are 36 million drivers on the road over the age of 65 and outdated seatbelt designs can cause serious injuries, even in minor crashes. See how researchers at The Ohio State University Wexner Medical Center are teaming up with automakers to come up with new seat belt designs to protect older drivers. bit.ly/2fWcRkb

EXTRA BITES

Bolte outlines injuries likely to occur in older drivers: "That's where most of your injuries are going to occur, along the path of the belt. You can have several rib fractures."

CG: John Bolte, PhD Ohio State College of Medicine Bolte talks about understanding injuries in older drivers: "Once we understand those differences, it will help scientists and seatbelt designers, airbag designers, perhaps tweak the belts, the force of the belts, come out at the air bag to better protect that elderly occupant."

Bolte talks about future applications of this research: "It's really interesting. This research could lead to, an example would be your key fob would know who you are, your properties when you sit in and your car could adjust."

Helen says she's heard of older drivers hurt in minor accidents: "People get hurt with the airbags and I don't know again, maybe their seat belts don't fit good and they don't hold them back good enough. I don't know."

CG: Helen Kessler Older Driver

Helen describes her issues with properly fitting seat belts: "By the time I get done driving, maybe I scoot around too much or I'm listening to the music, and by time I get done, it's up closer to my neck. And I just keep pulling it down."

References

¹Injury Prevention and Control: Motor Vehicle Safety, Centers for Disease Control and Prevention, July 2016. Online: http://www.cdc.gov/motorvehiclesafety/older adult drivers/

²Road traffic injuries in the elderly, **Emergency Medicine Journal, January 2006.** Online: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2564127/

³ How Many People Are Injured and Killed as a Result of Aging? Frailty, Fragility, and the Elderly Risk-Exposure Tradeoff Assessed via a Risk Saturation Model, Annals of Automotive Medicine, Volume 53, October 2009. Online: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3256801/

⁴Senior Driver Safety, American Automobile Association, November 2016. Online: http://exchange.aaa.com/safety/senior-driver-safety/#.WDNHS-ErJHc

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