


# INNOVATIVE SURGERIES CUT RISK OF LYMPHEDEMA BY 90%


*Lymph node transplant, bypass surgeries shown to help prevent, reverse lymphedema*

*The Ohio State University Comprehensive Cancer Center –  
James Cancer Hospital & Solove Research Institute*

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<b>SUGGESTED TEASE</b>	STILL TO COME, NEW OPTIONS FOR CANCER PATIENTS FACING A LIFETIME OF LYMPHEDEMA. WE'LL SHOW YOU INNOVATIVE SURGERIES THAT CAN REVERSE LYMPHEDEMA - OR HELP PREVENT IT ALL TOGETHER. THAT'S NEXT IN HEALTH NEWS.
<b>ANCHOR LEAD</b>	<p>OCTOBER IS BREAST CANCER AWARENESS MONTH - AND WHILE WE SPEND A LOT OF TIME TALKING ABOUT WOMEN WHO BATTLE THE DISEASE, WE OFTEN OVERLOOK THE LIFE THEY CAN LEAD AFTER IT.</p> <p>MILLIONS OF WOMEN WHO OVERCOME BREAST CANCER FACE A NEW CHALLENGE IN LYMPHEDEMA - CONSTANT AND OFTEN PAINFUL SWELLING IN THE ARMS AND LEGS.</p> <p>IT CAN SEVERELY IMPACT A WOMAN'S QUALITY OF LIFE - BUT NOW DOCTORS HAVE DEVELOPED NEW SURGERIES THAT ARE GIVING WOMEN NEW HOPE. CLARK POWELL EXPLAINS.</p>
	(Nats - Pulling tape) :02
<b>CG: Courtesy: The Ohio State's James Cancer Hospital &amp; Solove Research Institute</b>  Shots of Tina wrapping her arm	THOUGH IT'S BEEN YEARS SINCE SHE OVERCAME BREAST CANCER, TINA WASHINGTON IS CONSTANTLY REMINDED OF HER BATTLE. TINA HAS LYMPHEDEMA, WHICH CAUSES PERMANENT AND SOMETIMES PAINFUL SWELLING IN HER ARM, REQUIRING COMPRESSION GARMENTS AND PHYSICAL THERAPY. :11
<b>CG: Tina Washington Has lymphedema</b>	"I have to wear my sleeve every day. Usually when I'm getting dressed I put my sleeve and glove on like it's part of my clothes." :08
Shots of Tina wrapping arm  Shot of Emmie on computer	WHILE REMOVING HER TUMOR, SURGEONS ALSO REMOVED 12 OF TINA'S LYMPH NODES - CAUSING HER LYMPHEDEMA. FACING A SIMILAR DIAGNOSIS, EMMIE CHESSES ( <b>CH</b> ESS-iss) SEARCHED FOR DIFFERENT OPTIONS. :10
<b>CG: Emmie Cheses</b>	"I'm right handed and it was on my right side, I'm an active mom, I

<p><b>Had lymph node bypass surgery</b></p>	<p>was 45 years old at diagnosis, and I was really concerned about obviously my future.” :11</p>
<p>Shots of surgery Graphic - zoom in / show bypass</p>	<p>SO DURING EMMIE’S SURGERY, DOCTORS PERFORMED WHAT’S KNOWN AS A LYMPH NODE BYPASS - CREATING TINY CHANNELS AROUND THE AFFECTED AREA AND THAT DRAMATICALLY CUT <i>HER</i> RISK OF LYMPHEDEMA. :10</p>
<p><b>CG: Dr. Roman Skoracki Ohio State’s James Cancer Hospital &amp; Solove Research Institute 1.22.10 - 1.22.15</b></p>	<p>“It can be reduced from a chance of up to 40% to a chance of between 0-4%.” :06</p>
<p>Shots of doctor with Emmie in exam  Shots of doctor in exam  Shot of surgery  Graphic showing transfer procedure</p>	<p>IT WAS DOCTOR ROMAN SKORACKI (score-<b>ACK</b>-ee) WHO PERFORMED EMMIE’S SURGERY AT OHIO STATE’S JAMES CANCER HOSPITAL AND SOLOVE RESEARCH INSTITUTE. FOR DECADES DOCTORS HAD VIRTUALLY NO OPTIONS TO PREVENT OR REVERSE LYMPHEDEMA. NOW, TWO INNOVATIVE SURGERIES ARE CHANGING THAT. IN ADDITION TO BYPASS SURGERY, SKORACKI HELPED PIONEER LYMPH NODE TRANSFER SURGERY - MOVING LYMPH NODES TO WHERE THEY’RE NEEDED WITHOUT AFFECTING OTHER PARTS OF THE BODY. :23</p>
<p><b>Dr. Skoracki (CG’d earlier)</b></p>	<p>“We utilize some lymph nodes that are, I guess spare parts if you want to call them that, that we can take away without causing harm elsewhere, and transplanting those into the area of the lymphedema.” :13</p>
<p>Shots of surgery  Shot of exam ending with Emmie</p>	<p>THE SURGERIES OFFER DOCTORS NEW OPTIONS IN DEALING WITH LYMPHEDEMA AND PATIENTS NEW HOPE FOR A NORMAL LIFE - LONG AFTER THEIR CANCER IS CURED. AT OHIO STATE’S JAMES CANCER HOSPITAL AND SOLOVE RESEARCH INSTITUTE, THIS IS CLARK POWELL REPORTING. :12</p>
<p><b>ANCHOR TAG</b></p>	<p>LYMPHEDEMA IS ONE OF THE MOST COMMON SIDE EFFECTS OF BREAST CANCER TREATMENT - ESPECIALLY IN PATIENTS WHO REQUIRE LYMPH NODE SURGERY, CHEMO AND RADIATION THERAPY. OVER THE NEXT 10 YEARS IT’S ESTIMATED THERE WILL BE NEARLY 4 MILLION BREAST CANCER SURVIVORS LIVING IN THE U-S, MANY OF WHOM MAY NEED NEW OPTIONS TO TREAT OR PREVENT LYMPHEDEMA.<sup>1</sup></p>
<p><b>References -</b></p>	<p><sup>1</sup><i>Cancer Treatment &amp; Survivorship Facts &amp; Figures 2014-2015, American Cancer Society.</i> Online: <a href="http://www.cancer.org/acs/groups/content/@research/documents/document/acspc-042801.pdf">http://www.cancer.org/acs/groups/content/@research/documents/document/acspc-042801.pdf</a></p>
<p> <b>Share it! Suggested tweet:</b></p>	<p>Doctors @OSUCCC_James offer innovative surgeries, new hope for patients with lymphedema: <a href="http://bit.ly/1YKctq1">bit.ly/1YKctq1</a></p>

 <b>Suggested post:</b>	<p>Even after surviving breast cancer, millions of women worldwide have to deal with lymphedema, a permanent and often painful condition that causes constant swelling in the arms or legs. There are few treatment options for lymphedema, but surgeons at <a href="#">Ohio State's James Cancer Hospital and Comprehensive Cancer Center</a> are offering new hope. An innovative lymph bypass surgery is cutting the risk of lymphedema in some patients by 90% and a lymph node transfer procedure is showing promise in reversing the effects of the condition. Details: <a href="http://bit.ly/1i7RP0q">bit.ly/1i7RP0q</a></p>
	<b>Extra Bites</b>
<b>CG: Dr. Roman Skoracki</b> <b>Ohio State's James Cancer Hospital &amp; Solove Research Institute</b>	<p><i>Dr. Skoracki talks about the burden of lymphedema -</i>          "If you imagine you're carrying extra weight, you're having your one extremity that's larger, you know it's a physical as well as a psychological burden."</p> <p><i>Dr. Skoracki talks about the unique approach of lymph transfer surgery -</i>          "We utilize a new technique where we take lymph nodes from an area that is not - that does not put the patient at risk of developing lymphedema at the donor site, which is not being done anywhere else in the world."</p> <p><i>Dr. Skoracki talks about surgery results for existing lymphedema -</i>          "About 40-50% of patients will have a very significant improvement in their symptoms, as well as us being able to measure a very significant decrease in the size of their limb after the surgery."</p>
<b>CG: Emmie Cheses</b> <b>Had lymph node bypass surgery</b>	<p><i>Emmie talks about why she was at a higher risk of lymphedema -</i>          "I would have either a lumpectomy or a mastectomy, and axillary node dissection, chemotherapy, and radiation. All of those things together mean that I am at high risk of getting lymphedema."</p> <p><i>Emmie talks about her surgery -</i>          "He went into the same incision, and put a stint in and basically what it does is it bypasses the lymphatic channels."</p> <p><i>Emmie talks about the lack of awareness about surgical options -</i>          "I was with some girlfriends last night and they've never heard of it. And I think it's very important to get the word out there."</p>
<b>CG: Tina Washington</b> <b>Has lymphedema</b>	<p><i>Tina talks about the pain of lymphedema -</i>          "It's just more or less a nagging, achy kind of feeling."</p> <p><i>Tina talks about coming to grips with lymphedema after cancer -</i>          "Once you get through what you think is the scariest part of your life, then when you see that you're a survivor, it's like okay if this is what I have to do I will."</p> <p><i>Tina talks about dealing with lymphedema -</i>          "One of the biggest drawbacks for me is my clothes, they never hang right anymore because the left side of me is always swollen from the lymphedema."</p>

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