## F-D-A OK'S PILL IN TIME FOR UPCOMING RAGWEED SEASON

Doctors say new medicine can help this fall - but only if you take it weeks early

**Suggested Date of Use:** \*\*Tie in to upcoming ragweed season\*\*

## National Jewish Health

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SUGGESTED TEASE	STILL TO COME, IT MAY SEEM WAY TOO EARLY TO THINK ABOUT <i>FALL</i> ALLERGIES - BUT DOCTORS SAY THE TIME TO ACT IS <u>NOW</u> . DETAILS ON THE UPCOMING RAGWEED SEASON AND A NEW CLASS OF DRUGS THAT CAN HELP, NEXT IN HEALTH NEWS.
ANCHOR LEAD	THOUGH MANY OF US ARE ALREADY DEALING WITH WARM WEATHER ALLERGIES, DOCTORS SAY <u>NOW'S</u> THE TIME TO START PLANNING FOR <u>FALL</u> ALLERGIES - ESPECIALLY RAGWEED.  FROM AUGUST INTO NOVEMBER, RAGWEED POLLEN TRIGGERS MORE SNEEZES, SNIFFLES AND ITCHY EYES THAN ANY OTHER CAUSE.  THE GOOD NEWS IS, THE F-D-A HAS APPROVED A NEW THERAPY FOR RAGWEED ALLERGIES THAT CAN HAVE AN IMPACT THIS YEAR - BUT ONLY IF YOU START EARLY. WITH DETAILS, HERE'S CLARK POWELL.
	(Nats - Melissa taking medicine) :02
CG: Courtesy: National Jewish Health Getting pills out of drawer / taking medicine at kitchen sink	DEALING WITH SEASONAL ALLERGIES OFTEN MEANS PATIENTS LIKE MELISSA LILLY NOT ONLY HAVE TO TAKE MEDICINE TO HELP CONTROL THEIR SYMPTOMS TODAY: :07
	(Nats - car pulling into parking spot) :01
Shots of Melissa driving up Shots of Melissa walking into office Melissa getting allergy shot	BUT HAVE TO BE PROACTIVE ABOUT THEIR ALLERGIES IN THE FUTURE. TWICE A MONTH MELISSA GETS ALLERGY SHOTS - EVEN FOR THINGS LIKE RAGWEED SEASON THAT'S STILL MONTHS AWAY. IF SHE DOESN'T THERE CAN BE SERIOUS CONSEQUENCES. :12
CG: Melissa Lilly Gets allergy shots :21-:29	"I break out in hives and my throat starts getting very tingly and then I cough quite a bit. Then I get to a point where it's just very hard to breathe." :08

Shots of Melissa in allergists office  Shots of woman taking pill out of package and holding it	FOR MELISSA, THE SHOTS HELP, BUT FOR MILLIONS OF PATIENTS THERE IS NOW A NEW ALTERNATIVE. FOR THE FIRST TIME IN THE U.S., THE F-D-A HAS APPROVED A NEW TABLET FOR THE AT-HOME TREATMENT OF RAGWEED ALLERGIES. :11
CG: Harold Nelson, MD National Jewish Health :40-:44	"This is a great change in the approach to immunotherapy." :04
Shots of Dr. Nelson with colleague  Shot of Melissa getting allergy shot  Shots of woman using tablet	DOCTOR HAROLD NELSON OF NATIONAL JEWISH HEALTH IN DENVER HELPED STUDY THIS NEW CLASS OF TABLETS. HE SAYS IN SOME PATIENTS SHOTS MAY NO LONGER BE NECESSARY, BECAUSE THESE TABLETS - DISSOLVED UNDER THE TONGUE DAILY - CONTAIN CONCENTRATED
	EXTRACTS OF ALLERGENS. :15
Dr. Nelson (CG'd earlier) :58-1:09	"You wind up overall giving about as much every day as you would once a month in an allergy shot. It's about 30 times as much extract that you receive." :11
Outdoor shots in park  Shots of Melissa on computer using tissues	THE ONLY CATCH IS - YOU SHOULD START TAKING THE MEDICINE MONTHS BEFORE RAGWEED SEASON BEGINS IN AUGUST.  BECAUSE SHE IS ALLERGIC TO SO MUCH, MELISSA WILL STILL HAVE TO GET SHOTS - BUT SAYS THE SHIFT IN MEDICINE TOWARD TABLETS IS NOTHING TO SNEEZE AT. :14
Melissa (CG'd earlier) 1:23-1:32	"That would make my life so much easier because I could take it in the morning when I take my vitamin and it would save me probably 2 hours every other week." :09
Shots of hands on keyboard / cut to wide shot of Melissa on computer	AT NATIONAL JEWISH HEALTH IN DENVER, THIS IS CLARK POWELL REPORTING. :03
ANCHOR TAG	DOCTORS SAY RAGWEED ALLERGIES ARE USUALLY WORSE IN THE EAST AND MIDWEST - ALTHOUGH RAGWEED IS FOUND IN EVERY STATE IN THE U-S EXCEPT ALASKA.  IF YOU'RE ONE OF THE 40-MILLION PEOPLE WHO SUFFERS FROM SEASONAL ALLERGIES WANT TO TALK TO YOUR DOCTOR ABOUT RAGWEED TREATMENT SOONER RATHER THAN LATER.
Share it! Suggested tweet:	FDA approves first at-home ragweed tablets. See why doctors <a href="mailto:online">ONJHealth</a> are encouraged: <a href="http://bit.ly/1nwBTEi">http://bit.ly/1nwBTEi</a>

Suggested post:	For the first time in the U.S., the FDA has approved at-home therapy for ragweed that may spare some patients allergy shots. Doctors at National Jewish Health helped test the tablets - see what they think of this novel approach: http://bit.ly/nwBTEi
References -	<sup>1</sup> Allergy Facts and Figures, <b>Asthma and Allergy Foundation of America</b> . Online: <a href="http://www.aafa.org/display.cfm?id=9&amp;sub=30">http://www.aafa.org/display.cfm?id=9⊂=30</a>
	Extra Bites
CG: Harold Nelson, MD National Jewish Health	Dr. Nelson talks about the allergies targeted by the tablets - "They only will be available for grass and ragweed, those are the only ones for which studies have been completed.":08  Dr. Nelson talks about the idea behind immunotherapy - "The allergy treatment aims to convert the immune response to these pollens back to the normal. And it does that.":11
CG: Melissa Lilly Gets allergy shots	Melissa talks about all her different allergies -  "I'm allergic to a number of different thing. So there's environmental allergies, like trees and molds and grasses. I'm also allergic to different animals, such as cats and dogs." :08  Melissa talks about her allergy diagnosis -  "I get shots every other week, which most people can graduate off of the shots. I just happen to be one of the ones who can't because of my vocal cord swelling shut. So, I go every other week and get 2 shots." :12  Melissa talks about the time shots require -  "It's easily an hour and a half to a 2 hour process for me to take that time out of my day to go get my shots." :05
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