

<p>CG: Marc Michalsky, MD Nationwide Children's Hospital</p> <p>Graphic: <u>3 years after bariatric surgery</u></p> <ul style="list-style-type: none"> - Patients with 3 or more risk factors dropped by 85% - Less than half had any risk factors <p>Dr. Michalsky (CG'd earlier)</p> <p>Shots of Dr. Michalsky walking in hallway</p> <p>Shot of Leayre using exercise band</p> <p>Dr. Michalsky (CG'd earlier)</p> <p>Leayre Sessley (CG'd earlier)</p> <p>Shots of Leayre on treadmill</p> <p>(PACKAGE END) -----</p> <p>ANCHOR TAG</p>	<p>AT NATIONWIDE CHILDREN'S HOSPITAL, FOUND THAT ALMOST EVERY TEENAGE CANDIDATE FOR BARIATRIC SURGERY HAD HIGH BLOOD PRESSURE, ABNORMAL GLUCOSE LEVELS, INCREASED INFLAMMATION OR HIGH CHOLESTEROL. :18</p> <p><i>"The majority of our patients had, not only one, but had multiple cardiovascular risk factors, and in fact, 33% of the population studied had three or more identified cardiovascular risk factors."</i> :13</p> <p>BUT THREE YEARS AFTER SURGERY, THE NUMBER OF PATIENTS WHO HAD THREE OR MORE RISK FACTORS DROPPED BY ABOUT 85%, AND LESS THAN HALF OF ALL PATIENTS STUDIED HAD ANY RISK FACTORS AT ALL. :10</p> <p><i>"The younger the patient at the time of surgery, the more likely they were to see some of the advantages that we've been observing as an overall group."</i> :08</p> <p>DOCTOR MARC MICHALSKY IS THE LEAD AUTHOR ON THE LATEST REPORT FROM THE TEEN-LABS STUDY, WHICH IS FUNDED BY THE NATIONAL INSTITUTES OF HEALTH AND SAYS THAT LIFESTYLE CHANGES LIKE DIET AND EXERCISE ARE IMPORTANT, BUT THAT THEY'RE OFTEN NOT ENOUGH FOR TEENS WHO HAVE MORE THAN A HUNDRED POUNDS TO LOSE. :13</p> <p><i>"At the very least, they should engage in a conversation that includes a thorough discussion of bariatric surgery as an option."</i> :09</p> <p><i>"It's a whole new life. You have to be very serious about it and come in with an open mind and be willing to change."</i> :05</p> <p>AT NATIONWIDE CHILDREN'S HOSPITAL, THIS IS BARB CONSIGLIO REPORTING. :03</p> <hr/> <p>THE STUDY FOUND THAT THE MORE WEIGHT A PATIENT LOST AFTER SURGERY, THE BETTER THEIR HEART HEALTHY RESULTS WERE.</p> <p>RESEARCHERS SAY WEIGHT LOSS SURGERY FOR SEVERELY OBESE TEENS IS A SAFE AND MUCH MORE EFFECTIVE TREATMENT THAN LIFESTYLE CHANGES ALONE TO PREVENT FUTURE HEALTH PROBLEMS.</p>
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CG: Leayre Sessley
Bariatric surgery patient

Leayre says she's working hard to keep a healthy lifestyle:
"Cause you don't want to lean back into your old lifestyle cause you worked hard to get the surgery, so you have to work hard to make sure you're after, after the fact you have to stay right."

References

¹*Severe Obesity in Children and Adolescents: Identification, Associated Health Risks, and Treatment Approaches*, **Circulation, Volume 128, Issue 15, October 8, 2013**. Online:
<http://circ.ahajournals.org/content/128/15/1689>

²*Cardiovascular Risk Factors After Adolescent Bariatric Surgery*, **Pediatrics, Volume 140, Issue 8, February, 2018**. Online:
<http://pediatrics.aappublications.org/content/early/2018/01/04/peds.2017-2485>

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