

<p>Shots of Dr. Miller with patient Graphic: GeneSight Mental Health Monitor Of those concerned they may have anxiety 36% plan to seek treatment Shots of Dr. Miller with patient</p>	<p>IN FACT, OF THOSE CONCERNED, BUT NOT DIAGNOSED WITH ANXIETY, ONLY 36% SAID THEY ARE PLANNING TO SEEK TREATMENT – THAT IT WOULD TAKE SOMETHING LIKE A DEBILITATING PANIC ATTACK OR NOT BEING ABLE TO LEAVE THEIR HOME TO CONSIDER TREATMENT. :11</p>
<p>Dr. Miller (CG'd earlier)</p>	<p><i>“You wouldn't wait with an ear infection until you lost your hearing. You wouldn't do that, so why would you wait for a mental health problem until you have a breakdown?” :09</i></p>
<p>Shots of Anna taking medication</p>	<p>THE SURVEY FOUND THAT SOME PEOPLE WON'T SEEK TREATMENT BECAUSE THEY WANT TO AVOID A LENGTHY TRIAL-AND-ERROR PROCESS WITH MEDICATION. ANNA STRUGGLED FOR A DECADE TO FIND MEDICATION THAT RELIEVED HER SYMPTOMS WITHOUT SIDE EFFECTS. THEN, IN THE MIDDLE OF THE PANDEMIC, HER DOCTOR ORDERED THE GENESIGHT TEST¹, WHICH ANALYZED HOW SHE MAY BREAK DOWN OR RESPOND TO CERTAIN PSYCHIATRIC MEDICATIONS. :18</p>
<p>Shots of Anna reviewing GeneSight results</p>	<p><i>“This is by far the lowest level of anxiety that I've experienced in my adult life.” :06</i></p>
<p>Anna (CG'd earlier)</p>	<p>NOW, ANNA'S ACCOMPLISHING THINGS SHE NEVER THOUGHT WERE POSSIBLE WHEN ANXIETY RULED HER LIFE. :05</p>
<p>Shots of Anna studying</p> <p>Anna (CG'd earlier)</p>	<p><i>“I've started back at school. I'm excelling at my job. I have multiple opportunities to advance now and my happiness is just through the roof.” :11</i></p>
<p>Shots of Anna studying (PACKAGE END) -----</p>	<p>IN MASON, OHIO, THIS IS BARB CONSIGLIO REPORTING. :02</p>
<p>ANCHOR TAG</p>	<p>THE SURVEY FOUND MORE THAN HALF OF THOSE WHO SOUGHT TREATMENT FOR ANXIETY SUFFERED FOR YEARS OR EVEN DECADES BEFORE GETTING HELP. EXPERTS STRESS THAT ANXIETY IS A MEDICAL CONDITION THAT WORSENS OVER TIME AND CAN DRASTICALLY IMPACT DAILY LIFE. SEEKING TREATMENT FROM A HEALTHCARE PROVIDER AS SOON AS YOU RECOGNIZE SYMPTOMS IS CRITICAL.</p>

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CG: Anna Sought treatment for anxiety	<p>Anna says her anxiety is well managed with her current medication: <i>“Right now, my symptoms with the medications are very, very manageable. I don’t get my out-of-body experiences when I have my anxiety. I don’t have that level of stress to where I feel like I cannot function, or I can’t go in public.”</i> :16</p> <p>Anna advises others to talk about their anxiety and seek help: <i>“Take the time to nurture your mental health and talk to other people who have mental health issues. And know that you’re not alone and that other people are struggling with this and that it can be managed.”</i> :14</p>
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References

¹GeneSight Psychotropic Test, Myriad Neuroscience, 2021. Online: <https://genesight.com/>

For viewer information on this story contact:

Myriad Neuroscience:

Denise Suttman

denise@rickmillercommunications.com

(513) 456-0960

Produced by:

MEDIA  SOURCE

1800 West 5th Ave.

Columbus, Ohio 43212

Phone: (614) 932-9950 Fax: (614) 932-9920

www.mediasourcetv.com

Video content provided by: Myriad Neuroscience

Media Relations: (513) 456-0960

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