

Nutrition is the Missing Ingredient in Home Healthcare Today, New Study Shows

Researchers from Advocate Health Care and Abbott Find Nutrition Reduces Hospitalizations and Cuts Costs

Abbott

Produced by: MediaSource www.mediasourcetv.com	To download broadcast-quality video and other multimedia elements: http://bit.ly/2x1tZil
Package Length: 1:48	Content provided by: Abbott

NEWS PACKAGE

SUGGESTED TEASE	RECOVERING FROM AN ILLNESS OR INJURY TAKES HARD WORK AND PATIENCE. COMING UP, DETAILS OF A SURPRISING NEW STUDY SHOW HOW FOCUSING ON NUTRITION CAN BE A MAJOR CONTRIBUTOR TO HELPING PATIENTS GET BACK ON THEIR FEET AND STAY OUT OF THE HOSPITAL.
ANCHOR LEAD	FOR MORE THAN FIVE MILLION PEOPLE ANNUALLY, HOME HEALTH CARE CAN BE A LIFESAVER AS THEY RECOVER FROM AN ILLNESS OR INJURY. BUT AS THESE PATIENTS RECOVER AND GET BACK THEIR STRENGTH, THEY'RE OFTEN MISSING A CRITICAL INGREDIENT TO THEIR RECOVERY. BARB CONSIGLIO HAS DETAILS ON A NEW STUDY THAT SHOWS REAL-WORLD EVIDENCE OF HOW ADDRESSING NUTRITION CAN HELP PATIENTS RECOVER FASTER, AND STAY OUT OF THE HOSPITAL.
(PACKAGE START) -----	
CG: Courtesy: Abbott	(Nats Sound - home health nurse knocking on door) :02
Shots of Monika greeting home health nurse, sitting down in living room	WHEN MONIKA MCCOMB WAS IN THE HOSPITAL, SHE KNEW THE ROAD TO RECOVERY COULD BE A CHALLENGE AS SHE MANAGED TWO CHRONIC DISEASES. BUT ONE KEY ASPECT SHE DIDN'T CONSIDER WAS HER NUTRITION. :09
CG: Monika McComb Experienced malnutrition	<i>"I was really, really weak. You know, I couldn't even hardly walk with a cane."</i> :06

Producers & Reporters: To download scripts, video and photos go to:

<http://www.multimedianeewsroom.tv>

<p>Shots of home health nurse taking paperwork out, talking to Monika about the program</p> <p>Graphic: As many as 1 in 3 patients are malnourished are have poor nutrition</p> <p>CG: Katie Riley, RN Vice President, Post Acute Chief Nursing Officer, Advocate Aurora Health</p> <p>Shot of patient with dietitian wide/blur</p> <p>Graphic with stats from study</p> <p>CG: Suela Sulo, PhD Health Outcomes Researcher, Abbott</p> <p>Shots of Gretchen working with patient/explaining nutritional drink benefits</p> <p>CG: Gretchen VanDerBosch, RD Lead Registered Dietitian, Advocate Health Care</p> <p>Shots of Monika and home health nurse talking</p>	<p>MONIKA WAS FOUND TO BE MALNOURISHED — AN OFTEN OVERLOOKED ISSUE FOR PATIENTS. SO WHEN ENROLLED IN HOME HEALTH CARE, SHE WAS PROVIDED A DETAILED NUTRITION CARE PLAN.</p> <p>AS MANY AS ONE IN THREE PATIENTS IN HOME HEALTH CARE ARE MALNOURISHED OR HAVE NUTRIENT DEFICIENCIES THAT PUT THEIR HEALTH AND THEIR RECOVERY AT RISK. :16</p> <p><i>“Nutrition is not the primary reason why patients usually come to home health. However, it is important for us to pay attention to the nutrition to promote their strength and get them recovered quicker.” 10</i></p> <p>IN FACT, A NEW STUDY FOUND THAT WHEN NUTRITIONAL DRINKS AND EDUCATION WERE PROVIDED TO MALNOURISHED HOME HEALTH CARE PATIENTS, THEY WERE EIGHTEEN PERCENT LESS LIKELY TO BE ADMITTED OR READMITTED TO THE HOSPITAL WITHIN 90 DAYS :12</p> <p><i>“Through identifying the patients with malnutrition risk, feeding them with the right nutritional drinks, you are increasing their chances of recovering faster, not going back to the hospital, or not going to the hospital in the first place.” :12</i></p> <p>FOR THE STUDY, ADVOCATE HEALTH CARE PARTNERED WITH ABBOTT TO FOLLOW OVER 15-HUNDRED PATIENTS FOR 90 DAYS. PATIENTS IDENTIFIED AS MALNOURISHED OR AT RISK FOR MALNUTRITION WERE PUT ON A NUTRITION CARE PROGRAM, INCLUDING NUTRITIONAL DRINKS, AND WERE ALSO TAUGHT HOW TO MAINTAIN GOOD NUTRITION. :21</p> <p><i>“Because they’re educated, they actually continue their supplements and start it back up, and their outcome is so much improved, they have more strength, they heal quicker, that have less falls, they have less readmissions.” :11</i></p> <p>MONIKA SAYS SHE HAS MORE ENERGY AND FEELS STRONGER EVERY DAY, AND CREDITS THE FOCUS ON NUTRITION AND SUPPORT FROM HER</p>
--	---

Producers & Reporters: To download scripts, video and photos go to:

<http://www.multimedianeewsroom.tv>

CG: Katie Riley, RN
Vice President, Post Acute Chief Nursing Officer,
Advocate Aurora Health

Riley says education is vital to continued health:
“Education is at the core of home health because we need to have our patients be able to be independent whenever we leave. Providing education in written material allows them to be able to have something to reference when we’re no longer there.”

Riley says continuing the nutrition program is important:
“It’s important for the patient to continue the practices that we began in home health so that they can continue to maintain their strength. It helps to decrease their falls, increase their activity, fight off illness and promote their overall general health.”

CG: Monika McComb
Experienced malnutrition

Monika says her home care nurse kept her nutrition on track:
“She asks me every day when she comes, every time, ‘Okay, what are you eating? Have you eaten? How are you feeling?’ All the questions she hits me with, but before she leaves I know what I have to do.”

Monika compares before and after starting the nutrition plan:
“I felt weak. I had no energy, I didn’t want to do anything, and now I do.”

References

¹*Reducing Hospitalizations and Costs: A Home Health Nutrition-Focused Quality Improvement Program, Journal of Parenteral and Enteral Nutrition, June 24, 2019.* Online: <https://doi.org/10.1002/jpen.1606>

For viewer information on this story contact:

Rachel Bassler, Senior Manager of Global Public Affairs, Abbott
224-668-6064, rachel.bassler@abbott.com

Produced by:

MEDIA  SOURCE

1800 West 5th Ave. Columbus, Ohio 43212
Phone: (614) 932-9950 Fax: (614) 932-9920
www.mediasourcetv.com

Video content provided by: Abbott

Producers & Reporters: To download scripts, video and photos go to:
<http://www.multimedianewsroom.tv>